

# रेलटेल कॉर्पोरेशन ऑफ़ इंडिया लिमिटेड ( भारत सरकार का उपक्रम ) RailTel Corporation of India Ltd. ( A government of India Enterprise) www.railtelindia.com

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### **Press Release**

## RailTel Celebrates International Day of Yoga 2024

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RailTel, a Mini Ratna PSU, under Ministry of Railways, joined the International Day of Yoga celebration on 21.6.2024. Sh. Sanjai Kumar, Chairman & Managing Director, Dr. Chandramani Sharma, CVO, Sh. V. Rama Manohara Rao, Director/Finance, Sh. Manoj Tandon Director/POM, Sh. Yashpal Singh Tomar, Director/ NPM, officers and staffs of RailTel participated in a Yoga session organized at the Corporate Office to mark the Occasion. The Yoga session was led by Sh. Devandra Gupta, Zonal President of Bhartiya Yoga Sansthan, Delhi.

In addition to the Corporate Office event, all regional and territory offices of RailTel celebrated International Yoga Day at their respective locations.

Commenting on the occasion, Sh. Sanjai Kumar, CMD/RailTel, stated, "Yoga fosters peace, calm, and happiness in the mind while reducing stress and promoting holistic health. Everyone should incorporate yoga into their daily routine to improve both physical and mental health. We should wholeheartedly dedicate time and energy in staying healthy and happy."

#### About RailTel

RailTel a "Mini Ratna PSU under Ministry of Railways, is one of the largest neutral telecom infrastructure providers in the country owning a Pan-India optic fiber network covering several towns & cities and rural areas of the country. Along with a strong a reliable network of 62000+ RKM of Optic fibre, RailTel has two MeitY empaneled tier III data centers as well. With its Pan India high-capacity network, RailTel is working towards creating a knowledge society at various fronts and has been selected for implementation of various mission-mode projects for the Government of India in the telecom field. RailTel offers a bundle of services like, MPLS-VPN, Telepresence, leased line, Tower Co-location, Data center services etc. RailTel is also working with the Indian Railways to transform railway stations into digital hub by providing public Wi-Fi at railway stations across the country and total 6108 stations are live with RailTel's RailWire Wi-Fi.

### For more details:

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